



## Monterey Bay Half Marathon Pregnancy Deferral Policy

### Purpose

To support participants who are pregnant and unable to safely participate in the 2026 Monterey Bay Half Marathon, we offer a one-time deferral option to the 2027 event.

### Eligibility

This policy applies to registered participants who:

- Are pregnant at the time of registration or become pregnant prior to the 2026 event date.
- Choose not to participate in the 2026 race due to pregnancy-related reasons.
- Are registered for the half marathon distance, or Ocean View Challenge.

### Deferral Process

To request a pregnancy-related deferral, please fill out the form on page 2, and have it signed by your doctor and emailed back to us.

### Terms and Conditions

- **Deferral Fee:** There is **no charge** for pregnancy-related deferrals.
- **Documentation:** All deferral requests must be accompanied by the required **Pregnancy Deferral – Medical Verification Form**.
- **One-Time Deferral:** This policy allows for a one-time deferral only; participants must re-register for the 2027 event. You will receive an email to claim your deferral when we open registration for the 2027 race.
- **Non-Transferable:** Deferrals are specific to the individual and cannot be transferred to another participant.
- **Additional Items:** Your ancillary purchases/products are non-refundable and will not be applied to future registration.

### Additional Information

- **Non-Refundable Entries:** All entry fees are non-refundable, as per our standard cancellation policy.
- **Registration Protection:** Participants may opt to purchase registration protection during the registration process for additional coverage.

**Contact** - For questions or assistance, please contact us at [registration@bsim.org](mailto:registration@bsim.org)



**Pregnancy Deferral – Medical Verification Form**

**Name of Participant:** \_\_\_\_\_

**Participant Date of Birth:** \_\_\_\_\_

**Name of Physician:** \_\_\_\_\_

**Practice/Facility Name:** \_\_\_\_\_

**Physician Address:** \_\_\_\_\_

**City:** \_\_\_\_\_ **State:** \_\_\_\_\_ **Zip:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

**Office Email Address:** \_\_\_\_\_

**Medical Verification**

I, the undersigned, confirm that the individual listed above is currently pregnant and, in my professional medical opinion, should be advised against participating in a long-distance endurance event on or around the date of November 8, 2026.

This verification is provided in support of the participant's request for a pregnancy-related deferral for the 2026 Monterey Bay Half Marathon.

**Physician Signature**

**Signature of Physician:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

**Instructions:**

Please have your physician fill out this form and sign it.  
Please return the completed form to: [registration@bsim.org](mailto:registration@bsim.org)